

## Nepal

Written by Administrator

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With 8 days left on duncan's holiday we spent two nights in Kathmandu, an infamous final destination for many overlanders arriving after months in Central Asia and China, starved of Western cuisine and company. We also met up with Karma Sherpa, a friend of a friend of Duncan's family. Dawa Sherpa, the first hand friend, has known Duncan's sister for many years since she was one of his first guiding clients. Both Karma and Dawa are Sherpas from the Everest region of Nepal, the region that has produced some of the world's greatest high altitude climbers. Karma's brother holds the record for the longest period spent on the top of Mount Everest at 21 hours, this feat occurring on his second summiting of Everest that year. Karma, Dawa and their families became good friends during our stay and were a mine of information about all things Nepali.





























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